

**Due to the COVID-19 virus, all tours in Suriname are cancelled**

**Please follow these rules to stay safe....**

- Avoid large events and mass gatherings.
- Avoid close contact (about 6 feet) with anyone who is sick or has symptoms.
- Keep distance between yourself and others if COVID-19 is spreading in your community, especially if you have a higher risk of serious illness.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.
- Cover your mouth and nose with your elbow or a tissue when you cough or sneeze. Throw away the used tissue.
- Avoid touching your eyes, nose and mouth if your hands aren't clean.
- Clean and disinfect surfaces you often touch on a daily basis.

WHO also recommends these steps:

- Avoid eating raw or undercooked meat or animal organs.
- If you're visiting live markets in areas that have recently had new coronavirus cases, avoid contact with live animals and surfaces they may have touched.
- If you have a chronic medical condition and may have a higher risk of serious illness, check with your doctor about other ways to protect yourself.

**PLEASE STAY SAFE**

